

# Buddha's Knot

## No-Sew Tea Cosy - by Tess Young



This is a very simple Tea Cosy knitted in one piece to avoid any sewing up at the end and finished with a knotted I-cord which gives the cosy its name; it reminded me of images of Buddha I'd seen whilst travelling in Asia.

### MATERIALS

- 5mm circular needle (16 inches long)
- Set of 5mm double pointed needles
- Sewing up needle
- Aran or bulky yarns, approx 140m 94m main colour and 43m contrast, although you may need a little more contrast if you want to do the I-cord knot in contrast rather than main
- Spare needle or waste thread (optional)

### MEASUREMENTS

#### Approx

Height—7 1/2 inches / 19cm inches (excluding I-cord knot)

The opening for the handle and spout are approx 10cm.

Tea Cosies are photographed on a teapot with a 19 inch / 48cm girth

### Instructions

Cast on 128 stitches in main yarn using the cable cast on method.

**Row 1** – Join, being careful not to twist, place marker and establish the rib pattern thus: K2, [P4, K4]\* repeat until the last 6 stitches, P4, K2.

**Rows 2-8** – Knit rounds in the established 4 x 4 stitch rib pattern.

**Row 9** – Change to contrast yarn and knit 1 round—do not in rib. Do this every time you change the yarn and you avoid the 'purl bumps' on the right side. Also always take the spare yarn with you at the beginning of each row wrapping the yarn so the carried yarn is not visible.

**Rows 10 - 12** – Continue in contrast re-establishing the rib pattern— K2, [P4, K4]\* repeat until the last 6 stitches, P4, K2

You now divide for the two sides and knit on one set of 64 stitches first, as below. You will then knit on the second set of stitches to the same point before joining again. You may prefer to put the second set you're not knitting on, on to a spare needle or waste thread but this isn't strictly necessary.

**Side One** (the beginning of row is where you placed the marker when joining to work in the round)

**Row 13** – Rib 64 stitches, K2, [P4, K4]\* repeat until the last 6 stitches, P4, K2, turn and rib back over these same 64 stitches P2, [K4, P4]\* repeat until the last 6 stitches, K4, P2

**Row 14** – change to main colour and knit 64 stitches and rib back to re-establish the rib pattern—P2, [K4, P4]\* repeat until the last 6 stitches, K4, P2

**Rows 15-17** – rib in main K2, [P4, K4]\* repeat until the last 6 stitches, P4, K2, (taking contrast with you at the beginning of the row up the handle opening) for 64 stitches and rib back - P2, [K4, P4]\* repeat until the last 6 stitches, K4, P2.

## Additional Construction Information

You make the openings in the middle of a rib section so that the edge of the opening curls in and leaves a neat opening which conceals any carried yarns

## Additional yarn information

If you want to alternate the yarn used for stripes to use up odd yarn or to alter the colour scheme each of the main stripes requires 16 m of yarn each and the top stripe 12m of yarn

## Abbreviations

**K** - knit

**P** - Purl

**K2 tog** - Knit 2 together

**P2 tog** - Purl 2 together

**Dpn** - double pointed needle



**Row 18** – change to contrast and knit 64 stitches, turn and rib back P2, [K4, P4]\* repeat until the last 6 stitches, K4, P2.

**Row 19 & 20** – rib 64 in pattern, turn and rib back in pattern

**Row 21** – change to main and knit 64 stitches, turn and rib back in pattern.

**Row 22 & 23** - rib 64, turn and rib back

Cut yarns leaving ends for sewing in.

## Side Two

(the beginning of row is the mid point of the original row where you first stopped to turn)

You will now work on the stitches that you left aside whilst doing the first side. To do so, first transfer these stitches onto the left end of the needle next to the side just knitted. With right side facing this is from left to right. This will allow you to join the yarn at the middle of the row and carry on where you previously left off, keeping the stripe sequence correct.

**Row 24** – join contrast and rib 64 stitches—K2, [P4, K4]\* repeat until the last 6 stitches, P4, K2, and then rib back—P2, [K4, P4]\* repeat until the last 6 stitches, K4, P2

**Row 25** - change to main and knit 64 stitches, turn and rib back—P2, [K4, P4]\* repeat until the last 6 stitches, K4, P2

**Rows 26 - 28** rib in main (taking contrast with you at the beginning of the row up the spout opening) for 64 stitches and rib back.

**Row 29** – change to contrast and knit in garter stitch along 64 stitches, turn and rib back.

**Rows 30 & 31** - rib 64, turn and rib back in pattern

**Row 32** - change to main and knit along 64 stitches, turn and rib back in pattern

**Rows 33 & 34** rib 64, turn and rib back in pattern





## Top

**Row 35** – Rib 64 stitches— K2, [P4, K4]\* repeat until the last 6 stitches, P4, K2, - you are now at the beginning point and instead of turning resume knitting in the round, joining across the split at the beginning/end of the original round and continuing to rib across the second set of 64 stitches—K2, [P4, K4]\* repeat until the last 6 stitches, P4, K2,

**Row 36** – again you continue to knit in the round joining at the split in the middle of the round as follows K2, [P4, K4]\* repeat until the last 6 stitches, P4, K2,

**Row 37** – change to contrast yarn and knit a full round of 128 stitches

**Row 38** – K 2 tog [P2, P2 tog, K2, K2 tog]\* repeat to the last 6 stitches, P2, P2tog, K2 = 96 stitches

**Row 39** – K1 [P3, K3]\* repeat to the last 2 stitches, K2

**Row 40** – K1 [P2 tog, P1, K2 tog, K1]\* repeat to last 5 stitches, P2, tog, P1, K 2 tog = 64 stitches.

**Row 41** – change to main and knit around in garter stitch transferring to double pointed needles as you go, 21 stitches on the first needle, 22 on the second and 21 on the third.

**Row 42** – slip the last stitch knitted on the 3<sup>rd</sup> needle onto the 4th needle, the needle you're about to knit with and continue knitting into the first needle with, and K1, (P2, K2) \* repeat to end – all pairs of stitches will now be together.

**Row 43** – [K2 tog, P2 tog] \* repeat to end = 32 stitches.

**Row 44** – [K1, P1]\* repeat to end

**Row 45** – [K2 tog] \* repeat to end = 16 stitches

**Row 46** – [K2 tog] \* repeat to end = 8 stitches

## Finishing

Here you can thread the yarn through the last 8 stitches and sew it off and decorate as you choose, e.g. flower, pom pom.

If you want to make the knotted I cord transfer all 8 stitches onto one double pointed needle and make the I-cord to your desired length, (4 1/2 - 6 inches long) then taper by knitting two together for 3 rows and threading the yarn through the single remaining stitch.

**Cable cast on** – make two loops and make the new stitch by knitting between these two loops.

When counting rows where you turn, you have to knit out and back for one row.

**I-cord** – Cast on 8 stitches on your dpn, knit 1 row, don't turn but slip the stitches to the other end of the dpn, pull the yarn round the back and knit 8 stitches. Repeat until the I-cord in the required length. Making an I cord with 8 stitches means it will come out flat.